

JNV RAICHUR Sports & Games Department



TIME TABLE FOR MORNING P.T 2015-16

BOYS

Sl.No	HOUSE	MONDAY	TUESDAY	WEDENSDAY	THURSDAY	FRIDAY	SATARDAY
1	Aravali A	Jogging & March past	Jogging & Yoga	Jogging & Track Events	Jogging & Yoga	Jogging & Gym Exercises	Jogging & Yoga
2	Aravali B	Jogging & Exercises	Jogging & Track Events	Jogging & Yoga	Jogging & Field Events	Jogging & Yoga	Jogging & Exercises
3	Nilgiri A	Jogging & Gym Exercises	Jogging & Yoga	Jogging & March past	Jogging & Yoga	Jogging & Track Events	Jogging & Yoga
4	Nilgiri B	Jogging & Exercises	Jogging & Track Events	Jogging & Yoga	Jogging & Field Events	Jogging & Yoga	Jogging & Exercises
5	Shivalik A	Jogging & Field Events	Jogging & Yoga	Jogging & Gym Exercises	Jogging & Yoga	Jogging & March past	Jogging & Yoga
6	Shivalik B	Jogging & Exercises	Jogging & Track Events	Jogging & Yoga	Jogging & Field Events	Jogging & Yoga	Jogging & Exercises
7	Udaygiri A	Jogging & Track Events	Jogging & Yoga	Jogging & March past	Jogging & Gym Exercises	Jogging & Field Events	Jogging & Yoga
8	Udaygiri B	Jogging & Exercises	Jogging & Track Events	Jogging & Yoga	Jogging & Field Events	Jogging & Yoga	Jogging & Exercises